

Take Stockholm

WITH FABULOUS CUISINE, BEAUTIFUL BOUTIQUES AND OUTSTANDING ACCOMMODATION, IT'S EASY TO FALL IN LOVE WITH THE SWEDISH CAPITAL, WRITES HEIDI MORTLOCK.

SHOP

WHYRED

Those with a penchant for the fusion of art and fashion, and who delight in clean, progressive design, will fall in love with local label Whyred. A Swedish staple, Whyred explores the contrast of fabrics and colours in its beautiful collections for both men and women. And the best place to experience said collections is in its flagship store in Stockholm's bustling Mäster Samuelsgatan. With a classic sandstone shop-front and a stark white interior adorned with books, contemporary lamps, and photos, everything about this boutique oozes inspiration. The distinct and chic accessories are especially in-vogue, particularly the shoe and handbag collections that draw considerable interest from locals and travellers alike. It's no secret that designer Roland Hjort considers fashion an expression of art and through collaborations with a diverse mix of artists and musicians Whyred represents modern culture at its best.

WHERE ■ Mäster Samuelsgatan 3, 111 44 Stockholm
PHONE ■ +46 (0)8 660 01 70
ONLINE ■ whyred.se



STAY

NOBIS

Amid the buzzing hub of downtown Stockholm, Nobis Hotel exudes the perfect balance of elegance and simplicity. Designed with a fresh aesthetic from Swedish architecture group Claesson Koivisto Rune, the hotel has more than 200 contemporary rooms decorated in true Scandinavian style – minimal and tasteful but with all the essential trimmings. Fashionable shops, restaurants, theatres and museums are all at arm's reach, making it the perfect base from which to explore the city. However, if you fancy a night in, the in-house restaurant and bars will not disappoint with traditional Italian at Caina to a late night digestif at The Gold Bar. While it's a shame there is no spa on site, if you would like a treatment, the personable staff will be all too happy to arrange a professional massage in the comfort of your own room.

WHERE ■ Norrmalmstorg 2 - 4, 111 86 Stockholm
PHONE ■ +46 (0)8 614 10 00
ONLINE ■ nobishotel.se

SPA

STUREBADET

Aspiring to give its visitors the best of everything, Sturebadet Spa has something for everyone. Holding the crown of Stockholm's most exclusive spa, there's no wonder you feel special the minute you walk through the door. Dating back to 1885, Sturebadet is described as a modern spa in a traditional environment. There are over 50 different treatments on offer, as well as the renowned Turkish bath. Take a morning swim in the Sturebadet pool followed by a shower in the deluxe dressing rooms. Then, pop your bathrobe and slippers on and wander into Restaurant Curman for a nutritious lunch. The afternoon might entail a massage and a manicure followed by a glass of Champagne and a chocolate in the spa lounge. After your day of indulgence, step outside and take a stroll through the luxurious Stureplan where you will find an abundance of lavish designer boutiques and some fabulous star-spotting bars. Heaven!

WHERE ■ Sturegallerian 36, 114 46 Stockholm
PHONE ■ + 46 (0)8 545 015 00
ONLINE ■ sturebadet.se

SAVOUR

MATHIAS DAHLGREN

You would expect the interior of a restaurant at Stockholm's Grand Hotel to be somewhat ostentatious, so it comes as a welcome surprise that Mathias Dahlgren's namesake establishment is modest and understated, keeping the focus exactly where it should be – on the incredible plates of award-winning cuisine. With a string of Michelin stars under his belt, Swedish culinary genius Dahlgren has been successful in his plight to create a new Swedish identity both through his cuisine and also the restaurant's design. Offering two varying dining experiences, 'Matsalen' (The Dining Room) and 'Matbaren' (The Food Bar), Dahlgren sources the freshest local and international ingredients for his constantly evolving menu. The leisurely, tapas-style food allows diners to sample a range of inspiring dishes such as the horseradish sashimi with truffled egg, cucumber and caviar served on wooden plates and garnished with fine branches and berries. The wine list is equally impressive and guests are encouraged to take their time to truly enjoy the flavours the chef blends.

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